ANA GRETHEL SOLIS

ACTRESS · SINGER

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Panamanian / American · Height: 5'4"

Native Spanish · Fluent English

FILM & TELEVISION

Sonata Para Un Hombre Muerto	Lead	Dir. Ana Patricia Angulo
Escúchame	Lead	Lucky 13 Films
El Sacrificio / The Sacrifice	Lead	Lucky 13 Films
Locos Al Poder	Supporting	Silvera Productions
Close To Home	Lead	Pale Horse Productions

THEATRE

La Llamada	María Casado / Susanna (U/S)	Repertorio Español, NYC
El Otro Oz	Standby / Swing	Atlantic Theater Company, NYC
Next To Normal	Natalie Goodman	Teatro Nacional de Panamá
In The Heights	Nina Rosario	Teatro Nacional de Panamá
Arlington	Young Woman / Dancer	Bank St. Theatre, NYC
The Cherry Orchard	Anya	Bank St. Theatre, NYC
Salome	Salome	Bank St. Theatre, NYC
The Last Five Years	Cathy Hiatt	Teatro La Plaza, Panamá
Grease	Sandy Dumbrowski	Teatro Anayansi, Panamá
Hairspray	Amber Von Tussle	Teatro en Círculo, Panamá
Mamma Mia!	Sophie Sheridan	Teatro Anayansi, Panamá
Immorality May Well Be Imagined	Rita	Nashville Repertory Theatre

CONCERTS & LIVE PERFORMANCE

Teatro Fest '24, Lincoln Center	Vocalist	Rafael Sanchez
Natalie Weiss Showcase	Vocalist	Natalie Weiss

TRAINING

MFA in Acting | The New School of Drama, 2022
Acting: Patrice Johnson, Stephen Brown-Fried, Crystal Dickinson. Voice: Susan Cameron, Alba Quezada, Andrea Haring. Movement: Shannon Stowe, Nora Woolley, Teva Bjerken, Jean Taylor. Frantic Assembly: Simon Pittman, Michelle Edwards.

BWS 2024 | Revolución Latina
Luis Salgado, Matt Steffens, Valeria Cossu, Carlos Bauys, Kixler.

BA in Drama & Media Studies | University of Virginia, 2018
Jenny Wales, Richard Warner, Theresa Davis, Kate Burke, Marianne Kubik, Robert Chapel, Greg Harris.

Stella Adler | Musical Theatre Intensive
Alex Gemignani, Jonathan Hopkins, Joanne Edelmann, Peter Flynn, Andrea Burns, Jay Navarro.

SPECIAL SKILLS

Mezzo-soprano: pop and musical theatre. Basic guitar and ukulele.
Dance: contemporary, lyrical, ballet, tap, jazz, hip-hop and Latin styles.
Stage combat: sword and unarmed. Swimming, skating, yoga and Pilates.
Dialects: RP, Spanish, Irish and French. Driver's license.
Panamanian and US passports. Improvisation and video editing.

SELECTED DIRECTING RECOGNITION

Real: International Petite Prix, Chelsea Film Festival 2026; Best Short Film, Hayah Film Festival 2025.
Hasta Que Lleguemos: debut feature as director, awarded Fondo Cine support in 2026.